

Mantras to the Divine Mother

Mata Om

Om Mata Om, Mata Om, Mata Om (2x)

Maha Mata Mama Om (2x)

Mata Om, Mata Om, Mata Om, Mata Om

“Mata” means mother in Sanskrit. The consonant “m” is used for the words meaning Mother in many languages: mama, mor, mommy, etc. Lyrics and music by Kathleen Karlsen.



Adi Mataji

Adi Mataji, Adi Mataji, Namoh, Namah (2x)

Mataji Mamma, Mataji Mamma, Mataji Mamma

Mataji Mamma, Mataji Mamma (2x)

Jaya Ma, Jaya Ma, Mataji Mamma (2x)

Adi means the primal or first mother. Mataji is the sister of Babaji, the eternal youth. Music and lyrics by Kathleen Karlsen.

Matashakti

Matashakti Matashakti

Matashakti Jaya Mama (repeat)

Jaya Mama Jaya Mama (repeat)

“Matashakti” means “the power or energy of the Divine Mother.” “Jaya” means “victory.” Lyrics and music by Kathleen Karlsen.



Ananada Kali Ma

Ananda Ma, Kali Kali Ma (repeat)

Om Kali, Hrim Shrim, Klim Krim (1x only)

Ananada Ma, Kali Kali Kali Ma (repeat)

Kali is a fierce Hindu goddess who battles the forces of evil on behalf of her children defeating all, including death. Her name comes from the Sanskrit root for “time.” Lyrics/music by Kathleen Karlsen.

Om Mater

Om Mater, Mater, Om Mater

Om Mater, Mater, Om Mater

A hymn to the Divine Mother in all dimensions dedicated to my own mother on earth. Lyrics and music by Kathleen Karlsen.

Mother Light, Come to Me!

Mother Light, come to me! (2x)

Come out of the mountains

Come out of the seas

Mother Light, come to me! (2x)

This mantra is calling to the light of the Divine Mother in all forms of creation including nature. Lyrics and music by Kathleen Karlsen.



Parvati Parashakti

Parvati Parashakti Parvati

Jai Parvati Shakti Mamma

Parvati is a gentle goddess representing the center of a family. “Parashakti” is another word for the best or highest of feminine energy. Lyrics and music by Kathleen Karlsen.



OM Durga

Om Klim Kali, Om Durga (2x)

Om Klim Sri Mata, Om Durga (2x)

Om Klim Kali Sri Mata, Om Durga (2x)

Kali and Durga are protective goddesses that dispel the illusions of evil and forces of evil on behalf of their children and devotees. Music and lyrics by Kathleen Karlsen.

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Music and lyrics by Kathleen Karlsen as noted. Illustrations by Rose Karlsen.

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