

Fire Chants



Durga's Protection Mantra

Om Hrim Krim Dum Durgayai Svaha

Music by Kathleen Karlsen.

Durga is a principal and popular Hindu goddess. She is a warrior goddess whose mythology centers around combating all that threatens peace, prosperity and the good. The name Durga means a fort or a safe place.



Chant to the Sun

Om Bhaskaraya Vidmahe,
Om Maha Tejaya Dimaha (2x)
Om Surya Namaha, Om Surya Om (2x)
Tanno Surya Prachodayat (2x)

Music by Kathleen Karlsen.

The meaning of this chant to Bhaskaraya/Surya is "Let me meditate on the Sun. Let me think about the highest power. I bow before the Sun. Homage to the Sun! Let the giver of life illumine my mind."



Sacred Fire

Sacred Fire burn through me (2x)
Send your light through my soul
Sacred Fire burn through me

Music and lyrics by Kathleen Karlsen.

Prayer for purification through spiritual fire and light.



Supreme Light Mantra

(Paramjyoti Mantra)

OM Hrim Hamsah Sohum Svaha

Music by Kathleen Karlsen.

The seed syllable "hrim" is a combination of "ha" for prana, space and light with "ra" for fire, light and dharma and "im" (eem) for energy, focus and motivation. "Hamsa" focuses on the inhale and exhale, helping to create a vibration that is healing for the heart, lungs and spirit. "Soham" functions in the same way, often using the reverse order of breathing.



Shiva Ra

Hare Om, Hare Om Shiva Ra Namo

Music and lyrics by Kathleen Karlsen.

This chant focuses on Shiva "who is like the sun." "Ra" means "sun." "Hare" refers to concentrated spiritual energy, often used in reference to Shiva or Krishna.



Durga's Shield

Om Aim Hrim Klim Chamundaye Vicche

Music by Kathleen Karlsen.

The name Chamundaye is a reference to Durga and the slayer of Chamunda, an evil demon. "Vicche" means a shield. This mantra is based on the idea that it is best to divert misfortune whenever possible. For this reason, the Durga Yantra above and the mantra are viewed as a protective shield.

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