

Mantras for Bliss



Krishna Lullaby

Sri Krishna Govinda
Sri Krishna Gopala (2x)
Radhe Radhe Radhe Govinda
Radhe Radhe Radhe Gopala (2x)

Govinda/Gopala are childhood names of Krishna meaning “protector of the cows” or “protector of the sacred truth.” Radha or Radhe is a childhood playmate of Krishna. Music by Kathleen Karlsen.



Ananda Kali Ma

Ananada Ma, Kali Kali Ma (2x)
Om Kali, Hrim Shrim Klim Krim (1x)
Ananda Ma, Kali Kali Kali Ma (2x)

Kali as the master of time and death and the mother of bliss (ananada). Music/lyrics by Kathleen Karlsen.



Om Shanti

Om Shanti, shanti, shanti
Om shanti, shanti om

The word “shanti” meaning peace is said three times for peace in body, speech and mind. Music by Kathleen Karlsen.



Om Mater

Om Mater, Mater, Om Mater

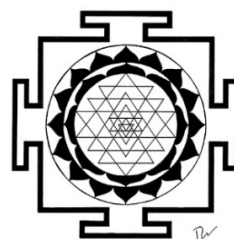
A chant to the Divine Mother East (Om) and West (Mater, Latin for Mother). Dedicated to my mother Patricia D. Hinnebusch. Music by Kathleen Karlsen.



Shiva Ra

Hari Om, Hari Om
Shiva Ra Namō

This chant is in honor of Shiva who “is like the sun” (Ra). Hari means “the remover” and refers to Shiva as the one who remove all suffering. Music by Kathleen Karlsen.



Matashakti

Matashakti Matashakti
Matashakti Jaya Mama (repeat)
Jaya Mama Jaya Mama (repeat)

“Matashakti” means “the power or energy of the Divine Mother.” Jaya means victory. Lyrics and music by Kathleen Karlsen.