

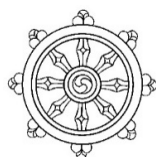
Five Vedic Elements: Space



Shivaraja

Nataraja Shivaraja Sundara

This chant is a recitation of two names of Shiva combined with the word “Sundara” meaning “beautiful.” “Raja” means “king” or “lord.” Therefore, Shivaraja simply means Lord Shiva. Nataraja means Lord of the Dance. “Nata” means to “act, dramatize or dance.” Shiva has a gentle dance (Lasya) associated with the creation of the world. He also has a vigorous dance (Tandava or dance of bliss) associated with the destruction of evil. Music by Kathleen Karlsen.



Gate Gate Paragate

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Parasum Gate Bodhi Svaha (2x)

Bodhi Svaha (5x)

This mantra is found at the end of the Heart Sutra, one of the best-known Buddhist scriptures. Most translations are as follows: “Awakening that is gone, gone, gone to the furthest shore, gone completely to the furthest shore.” Music by Kathleen Karlsen.



Thousands of Suns

Who tells me Thou art dark, O my Mother Divine
Thousands of suns and moons
From Thy body do shine!

A chant to the Mother Light throughout all of
cosmos by Paramahansa Yogananda.



Om Namah Shivaya

Om Namah Shivaya Om

An ancient mantra in honor of Lord Shiva. Shiva is the third person in the Hindu Trinity, similar to the Holy Spirit in Western theology. Shiva is associated with breath, space and the cosmos, expressing freedom and liberation. Music by Kathleen Karlsen.



Beyond the Clouds

Beyond the clouds
I send my spirit soaring
Beyond the sky
Let me know, You are there
Far beyond the earth and water
Wind and fire and air
Far beyond all my cares
Take me there, heavenward
Far beyond every cloud, I go.

Akasha is the term for the element of space or ether (from which we get the term “ethereal”). Akasha is the fifth element in the Vedic system and goes beyond while encompassing all of the other four elements (earth, water, fire and air). A literal translation of the word is “beyond the clouds” or the more generic “sky” or “firmament.” Akasha is sometimes said to have only one characteristic: sound. Similar concepts exist in Jainism and Buddhism. Lyrics and music by Kathleen Karlsen.

Lokah Samastah

Lokah Samastah Sukino Bhavantu

“May all beings be happy and free!” Music by Kathleen Karlsen.

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Music and lyrics by Kathleen Karlsen as noted. Illustrations by Rose Karlsen.

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