

Earth Chants



Durga's Protection Mantra

Om Hrim Krim Dum Durgayei Svaha

Durga is a principal and popular Hindu goddess. She is a warrior goddess whose mythology centers around combating all that threatens peace, prosperity and the good. The name Durga means a fort or a safe place. Music by Kathleen Karlsen.



Ganesha Sharanam

Ganesha Sharanam, Sharanam Ganesha (2x)
Sayisha Sharanam Sharanam
Ganesha Sharanam (2x)

Meaning: I take refuge in Ganesha. I surrender to Ganesha. Ganesha is the elephant-headed son of Shiva and Parvati known as the overcomer of obstacles. His chants are often used at the beginning of an undertaking. Music by Kathleen Karlsen.



Shiva Gangadhara

Gangadhara Shiva, Om Shiva Namaha (4x)
Shiva Shiva Shiva Namaha
Gangadhara Gangadhara Namaha (2x)
Shiva Shiva Gangadhara
Shiva Shiva Gangadhara Shiva Namah (2x)

This chant honors Shiva as Lord of the Ganges River.
Lyrics and music by Kathleen Karlsen.

Mangalam Mantra (Earth Blessing)

Agni Mangalam, Vayu Mangalam
Bhumi Mangalam, Mangalam Bhagavan Vishnu
Surya Mangalam, Giri Mangalam
Jagat Mangalam, Mangalam Bhagavan Vishnu

This mantra is a blessing for the fire (agni), wind (vayu), bhumi (earth), Surya (sun), giri (mountains) and jagat (planet). Bhagavan Vishnu is an auspicious form of Vishnu. Music by Kathleen Karlsen.

Gange Mata (Water Chant)

Om Jai Gange Mata
Sri Jai Gange Mata (2x)
Om Shuddhi Daata Gange
Mata Namoh Namah (2x)

Meaning: "Victory to the Mother Ganges who gives us purity!" Daata: Give or disperse. Shuddhi: Purity. Music by Kathleen Karlsen.

Mother Light, Come to Me!

Mother Light, come to me! (2x)
Come out of the mountains
Come out of the seas
Mother Light, come to me! (2x)

A chant to the Mother Light in all of physical creation. Music and lyrics by Kathleen Karlsen.

Agni Deva

Om Agni Devaya Namaha

This mantra is a fire (agni) mantra. Deva is a masculine form of God. The meaning can be translated as "I give honor to the God of fire." Music by Kathleen Karlsen.

Lokah Samastah

Lokah Samastah Sukhino Bhavantu

Meaning: "May all beings be happy and free! May my life contribute to the happiness and freedom of all." Music by Kathleen Karlsen.

CONTACT: 406-599-3235, kathleenkarlsen@msn.com, vocalmedicine.com, facebook.com/vocalmedicinemusic
Music and lyrics by Kathleen Karlsen as noted. Illustrations by Rose Karlsen.

©2020 Living Arts Enterprises, LLC ALL RIGHTS RESERVED